



# Dinner Menu

[URBANFOODCOURT.CO.UK](http://URBANFOODCOURT.CO.UK)



## SALADS

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Falafel salad (Vegan)	6.25
Greek salad	6.25

## ASIAN STARTERS

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<b>Gyoza</b>	
Vegetable	5.95
Chicken	6.25
<b>Salt &amp; pepper</b>	
Squid	7.25
Prawns	8.75
Thai chicken satay with peanut dip (Peanuts)	6.45

## SOUPS

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<b>Sweet corn soup</b>	
Chicken	5.50
Crabmeat	5.50
<b>Tom Yum Soup</b>	
Vegetables	5.25
Chicken	5.50
Prawns	6.45
Broccoli & potato soup with croutons (V)	5.50

## AMERICA / AFRICA

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### Burger

<b>6 oz Wagyu beef burger</b>	<b>14.95</b>
Brioche bun, cheddar cheese, gherkin, salad, red onion, sauces	
<b>Crispy Chicken burger</b>	<b>13.95</b>
Brioche bun, salad, special sauce	
<b>Beyond Meat Free burger</b>	<b>14.45</b>
Brioche bun, gherkin, salad, red onion, sauces	

### SIDES

Julienne fries  
Apple coleslaw  
Mixed salad

<b>Aberdeen Angus beef chilli con carne</b>	<b>9.85</b>
with sour cream & steamed rice	
<b>Beyond Meat Free chilli con carne &amp; steamed rice</b>	<b>9.85</b>

### Allergen Information

Our food is freshly prepared in a small, busy kitchen, so we can't guarantee our food is allergen-free. For your information we have prepared a list of allergens for all our dishes. Please check with our team before you order your meal.

## CHINA

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### Zechuan peppercorn Kung Po

Chicken	7.65
King Prawns	9.75
Meat free pieces	8.45

### Black bean ginger & chilli sauce (slightly spicy)

Chicken	7.65
Aberdeen Angus beef	8.65
King Prawns	9.95
Meat free pieces	8.45

### Sweet & sour

Chicken	7.65
King Prawns	9.95
Meat free pieces	8.45

### Udon

Seasonal vegetables & Tofu	8.45
Chicken	9.45
Aberdeen Angus beef	10.45
King Prawns	11.45
Meat free pieces	10.45

## **Chow Mein**

Seasonal vegetables & Tofu	7.95
Chicken	8.45
Aberdeen Angus beef	9.45
King Prawns	10.45
Meat free pieces	9.45

## **Fried Rice**

Seasonal vegetables & Tofu	7.45
Chicken	7.65
Aberdeen Angus beef	8.65
King Prawns	9.75
Meat free pieces	8.45

Teriyaki salmon 12.45

Salmon with ginger & spring onions 12.45

## **SIDES**

Steamed Jasmine rice	2.95
Egg fried rice	4.95
Stir-fried broccoli with ginger & garlic	6.95
Stir-fried mixed vegetables	6.95

## THAILAND

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### Pad Thai

Seasonal vegetables & Tofu	8.45
Chicken	9.45
Aberdeen Angus beef	10.45
King Prawns	11.45
Meat free pieces	10.45

### Thai Green Curry

Seasonal vegetables & Tofu	7.45
Chicken	7.65
Aberdeen Angus beef	8.65
King Prawns	9.75
Meat free pieces	8.45

### Thai Red Curry

Seasonal vegetables & Tofu	7.45
Chicken	7.65
Aberdeen Angus beef	8.65
King Prawns	9.75
Meat free pieces	8.45

### SIDES

Steamed Jasmine rice	2.95
Egg fried rice	4.95
Stir-fried broccoli with ginger & garlic	6.95
Stir-fried mixed vegetables	6.95

## EUROPE

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### PASTA

#### Spaghetti

Aberdeen Angus beef bolognaise 9.25

Beyond Meat free bolognaise 9.25

#### Penne

Arrabbiata sauce 8.25

Grilled chicken 8.65

King prawns 10.45

Salmon fillet 12.85

Meat free pieces 8.95

#### Spinach Gnocchi

Four cheese sauce 8.25

Grilled chicken 8.65

King prawns 10.45

Salmon fillet 12.85

Meat free pieces 8.95

#### Hand-made courgette & ricotta tortelloni

Roast pepper sauce 9.45

Grilled chicken 10.25

King prawns 12.45

Salmon fillet 14.85

Meat free pieces 10.45

## **STONE BAKED PIZZA**

(12 inch sour dough base, please allow us 10 minutes to prepare)

<b>Margherita</b>	<b>10.95</b>
Buffalo mozzarella, tomato sauce, fresh tomatoes	
<b>Capricciosa</b>	<b>12.95</b>
Buffalo mozzarella, tomato sauce, ham, artichokes, mushrooms, olives	
<b>American Hot</b>	<b>12.95</b>
Buffalo mozzarella, tomato sauce, pepperoni, pepper, red onions, jalapenos, chilli flakes	
<b>Prosciutto</b>	<b>11.95</b>
Buffalo mozzarella, tomato sauce, ham, mushrooms	
<b>Pollo</b>	<b>12.95</b>
Buffalo mozzarella, tomato sauce, chicken, roast peppers, mushrooms, chilli flakes	
<b>Tonno</b>	<b>11.95</b>
Buffalo mozzarella, tomato sauce, tuna, sweet corn, red onions, olives	
<b>Verde</b>	<b>11.95</b>
Buffalo mozzarella, tomato sauce, courgettes, roast peppers, artichokes, black olives	



## DESSERT

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Korean cheesecake with berry sauce 5.50

Selection of fruit mochi with berry sauce 6.25