



Lunch Menu



URBANFOODCOURT.SQUARE.SITE



WRAPS

Peri peri chicken	5.35
Salad, tomato, red onion, mozzarella, gherkin	
Falafel (Vegan)	5.35
Salad, tomato, red onion, hummus	

SIDES

Julienne fries	2.95
Apple coleslaw	2.95
Mixed salad	2.95

Allergen Information

Our food is freshly prepared in a small, busy kitchen, so we can't guarantee our food is allergen-free. For your information we have prepared a list of allergens for all our dishes. Please check with our team before you order your meal.

AMERICA / AFRICA

Burger

6 oz Wagyu beef burger	8.95
Brioche bun, cheddar cheese, gherkin, salad, red onion, sauces	
Crispy Chicken burger	8.25
Brioche bun, salad, special sauce	
Beyond Meat Free burger	8.25
Brioche bun, gherkin, salad, red onion, sauces	
Chicken fajitas with sour cream & guacamole	6.45
Beef chilli con carne with sour cream & steamed rice	7.95
Beyond Meat Free chilli con carne & steamed rice	7.95

SIDES

Julienne fries	2.95
Steamed rice	2.95
Apple coleslaw	2.95
Mixed salad	2.95

ASIA

8 Vegetable spring rolls with sweet chilli sauce (spicy)	4.25
6 Gyoza, Chicken or Vegetable with dumpling sauce (Sesame)	5.25
4 Thai Chicken satay skewers, home-made peanut sauce	5.45

Szechuan peppercorn Kung Po with steamed rice

Chicken	7.65
King Prawns	9.75
Meat free pieces	8.45

Black bean ginger/garlic/chilli sauce with steamed rice (slightly spicy)

Chicken	7.65
Beef	8.65
King Prawns	9.75
Meat free pieces	8.45

Sweet & sour with steamed rice

Chicken	7.65
King Prawns	9.75
Meat free pieces	8.45

Thai Green curry with vegetables & steamed rice

Seasonal vegetables & Tofu	7.45
Chicken	7.65
Beef	8.65
King Prawns	9.75
Meat free pieces	8.45

Thai Red curry with vegetables & steamed rice

Seasonal vegetables & Tofu	7.45
Chicken	7.65
Beef	8.65
King Prawns	9.75
Meat free pieces	8.45

EUROPE

Pasta

Spaghetti

Beef bolognaise	8.75
Beyond Meat free bolognaise	8.75

Penne

Arrabbiata sauce	7.25
Grilled chicken	7.85
King prawns	9.75
Salmon fillet	12.45
Meat free pieces	8.45

Spinach Gnocchi

Four cheese sauce	7.65
Grilled chicken	8.25
King prawns	10.45
Salmon fillet	12.95
Meat free pieces	8.65